

## **24 Hour Rule of Thumb**

***Return to school guidelines:***

***Students may return to school after the following:***

- ***24 hours without a temperature/fever (>100 degrees Fahrenheit) and without taking fever reducing medications such as Tylenol or Advil/Motrin.***
- ***24 hours of receiving medication for treatment of illness/infection (such as antibiotics, eye ointments).***
- ***24 hours without nausea, vomiting, diarrhea (and tolerating a normal diet).***

***If your child still seems tired, pale, with little appetite, not tolerating solid foods, and generally “not him/herself”, PLEASE do not send him/her to school. Some viral illnesses may take longer before your child is well enough to return to school.***